Capistrano Unified School District

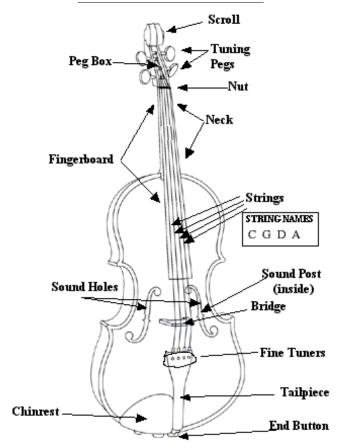
4th Grade Beginning Strings -Viola-



With input and materials from Kerry Arakawa, Scott Arakawa, Steve Benefield, Michelle Brunton, Penni Buff, Chad Cunningham, Lisa Gray, Andrea Howard, Ann Ludwig, Barbara Scholl, Rob Stirling, Maryann Tucker, and Kory Wentzel.

Name:	School:	
Classroom Teacher:		

Parts of the Viola



Taking Care of Your Viola

Handle With Care! Your instrument is made of breakable wooden parts, so repairs can be expensive and time consuming.

Do not let anyone play your instrument unless it is your teacher or an experienced player you trust.

Never push down the case lid to make it close all the way. Before closing and latching it, check for things that may be out of place inside. (Be sure, for example, to remove your shoulder pad before putting your instrument away)

Keep your instrument clean! After playing, wipe off the rosin dust, smudges, fingerprints, etc., with a soft clean cloth. Always wash your hands before playing your instrument.

Do not let your instrument get too hot or too cold. If the temperature is uncomfortable for you, it is also bad for your instrument. For example, never leave your instrument in a car on a hot or cold day.

Allow only an experienced repair person to fix your instrument.

Make sure your bridge is lined up correctly and standing straight at all times. If it gets out of place, ask your teacher to fix it for you.

Lesson One: Getting Started

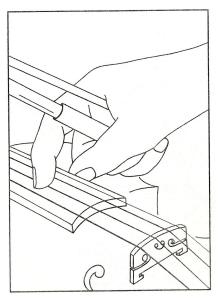
Holding your Viola

- 1. Make sure your shoulder rest is placed on on your viola correctly
- 2. Stand or sit "tall" keeping your head facing forward
- 3. Holding the viola parallel to the floor by the right upper shoulder and guiding it with your right hand, bring it toward you at an angle to your left



- 4. As you bring the viola toward you, place the end button close to your throat. Turn your head slightly to the left and tuck the edge (the bump) of your chin rest under your jaw to the left of your chin.
- 5. If your position is correct, you should feel relaxed and comfortable-able to easily move your head up and down and side to side. Your shoulder rest should allow you to hold your viola with no help from your hands.



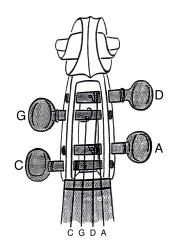


- 1. Place the tip of your right thumb on the side of the fingerboard (near the corner)
- 2. Extend your first finger and pluck the string about 2-3 inches over the end of the fingerboard.
- 3. Keep your thumb anchored on the side of the fingerboard
- 4. For the best sound, make the string vibrate as much as possible.

The Viola has four open strings.

They are named from lowest to highest, left to right, and thick to thin. This sentence will help you remember which order they are in:

Cats Get Dogs Angry.



Let's Review how to hold the viola in playing position.

- 1. Stand or sit tall.
- 2. Instrument rests on left collar bone and shoulder
- 3. Jaw drops comfortably onto the chinrest (heavy head)
- 4. Left hand rests on the shoulder of the viola
- 5. Place left elbow directly beneath wrist/shoulder line



1. Rock House

DDDD DDDD DDDD DDDD

2 Rock Hound

AAAA AAAA AAAA AAAA

3. Rock Tango

DDAA DDAA AADD AADD

4. The Twist

GGDD GGDD AADD GGGG

5. Lazy Afternoon

GGDD AADD GGDD AAGG

6. Skip to My Lou

DDDD AAAA DDDD AADD

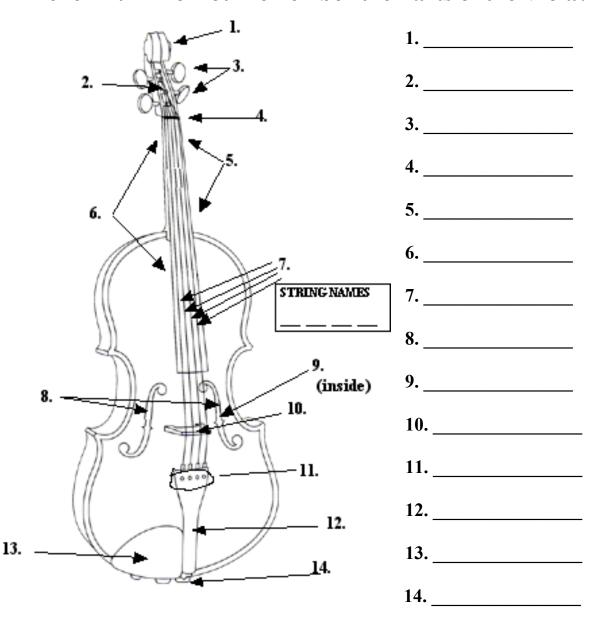
7. Mary Had a Little Lamb

DDDD DDDD AAAA DDDD

DDDD DDDD AAAA D-D-

8. Cycle of	Strings	Quarter R	test (one beat of si	lence)
1 1 1 1	$A \underset{\sim}{A} \underset{\sim}{A} \underset{\sim}{A}$	DDDD	$G \underline{G} \underline{G} \underline{G}$	$C \subseteq C \subseteq C$
CCCC	GGGG	DDDD	AAAA	3 3 3 3

*Pencil Fun- Do You Remember the Parts of the Viola?



Lesson Two: Whole, Half, and Quarter Note Rhythms

Time signatures appear at the beginning of a piece of music music. They are made up of two numbers.

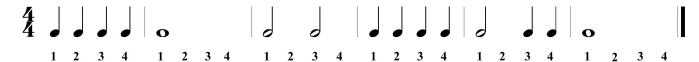


The top number indicates the number of beats per measure. The bottom number indicates which note will get one beat.

In $\frac{4}{2}$ time there are four beats in each measure. A half note ($\frac{1}{2}$) = 2 beats

A quarter note (\bullet) = 1 beat A whole note (\circ) = 4 beats

1. Clap the rhythm while counting the beats out loud.

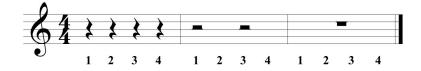


2. Write the count below the notes and then clap the rhythm while counting the beats out loud.



Rests are used in music to indicate silence.

A quarter rest $(\)$ = 1 beat A half rest $(\blacksquare) = 2$ beats A whole rest $(\blacksquare) = 4$ beats



3. Write the count below the rests.



4. Write the count below the notes and rests, then clap and count the rhythm out loud.

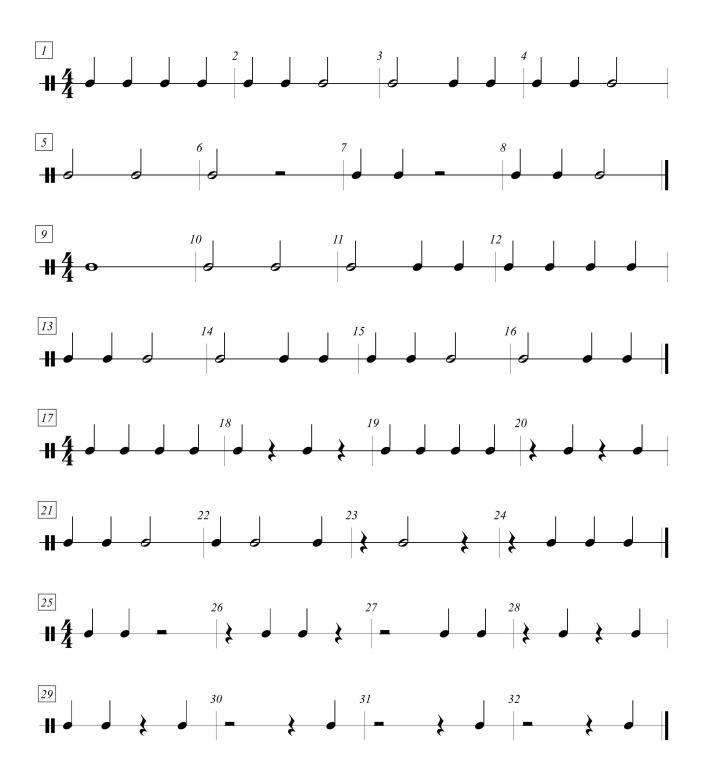


Rhythm Clap and Count #1

Write the count below the notes and rests.

Clap the rhythms while counting out loud.





Lesson Three: Open Strings

9. Teeter Totter



10. Bullfrog



11. Crossing the Strings



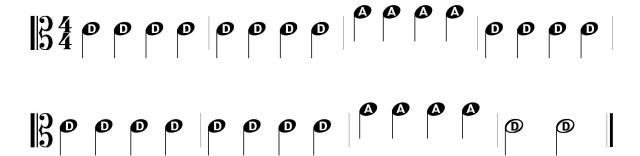
12. Skip to my Lou



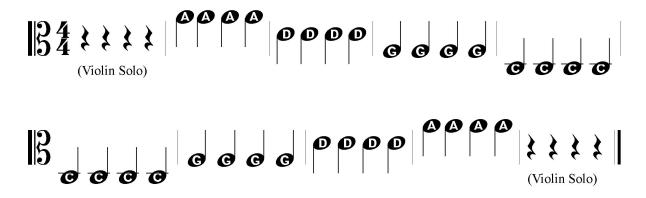
Lesson Three: More Open Strings



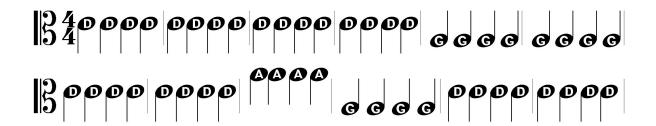
13. Mary Had a Little Lamb



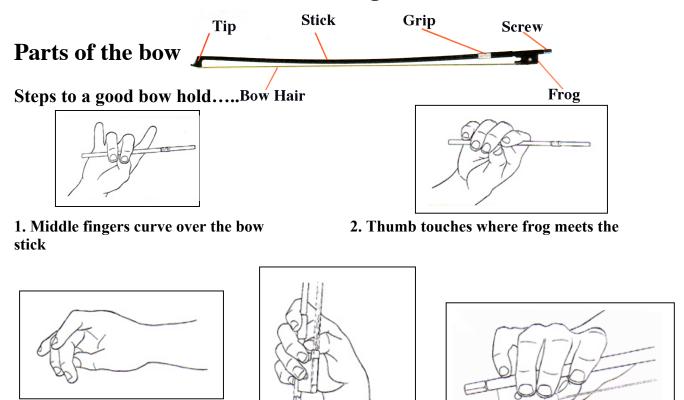
14. Cycle of Strings



15. Open String Blues



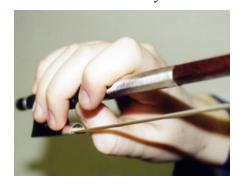
Lesson Four: Using the Bow



- 3. Check for bow hand circle
 - 4. Wrap your first finger around 5. Little finger (pinkie) the stick sits on top of the stick

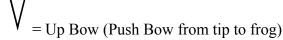


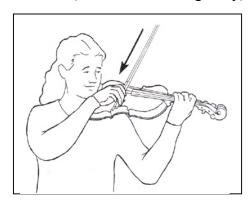
- a. Place your bow on the D string, halfway between the bridge and the fingerboard.
- b. Angle the bow so it is parallel with the bridge (your wrist should be bent upwards.)
- c. Pull the bow so it remains parallel to the bridge until you reach the tip. (You should need to bend your wrist the other way.)
- d. Move the bow and your wrist in the opposite direction

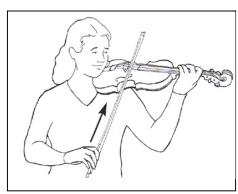




= Down bow (Pull Bow from frog to tip)

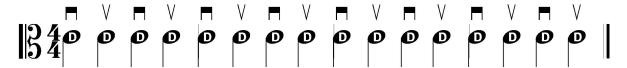




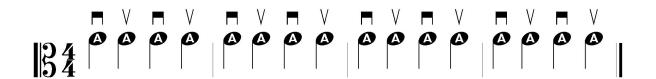


**The bow alternates back and forth unless marking is placed. Orchestra bows should all move together in the same direction.

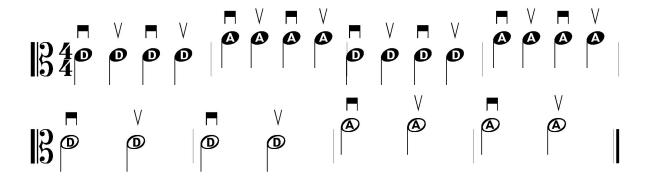
16. Bowing on "D"



17. Bowing on "A" - Tilt the bow to the A String



18. Alternate "DNA"- Tilt the bow from the D String to the A String Changing Strings: Your elbow is responsible for changing strings.



Bowing on Open Strings Review

Changing Strings: Your elbow is responsible for changing strings.

19. "D" Smooth One



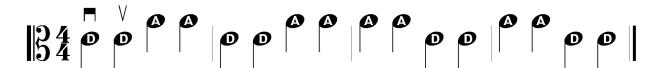
20. Smooth "A"



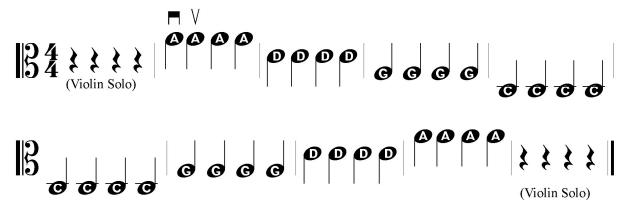
21. D N A



22. Teeter Totter



23. Cycle of Strings Encore



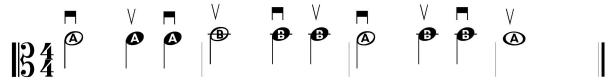
Lesson Five: "B" on the A String



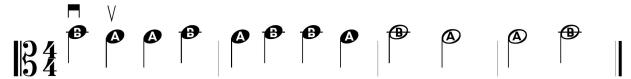
24. A to B



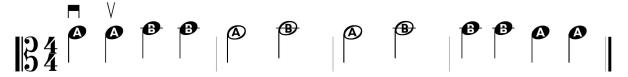
25. Smooth Sailin'



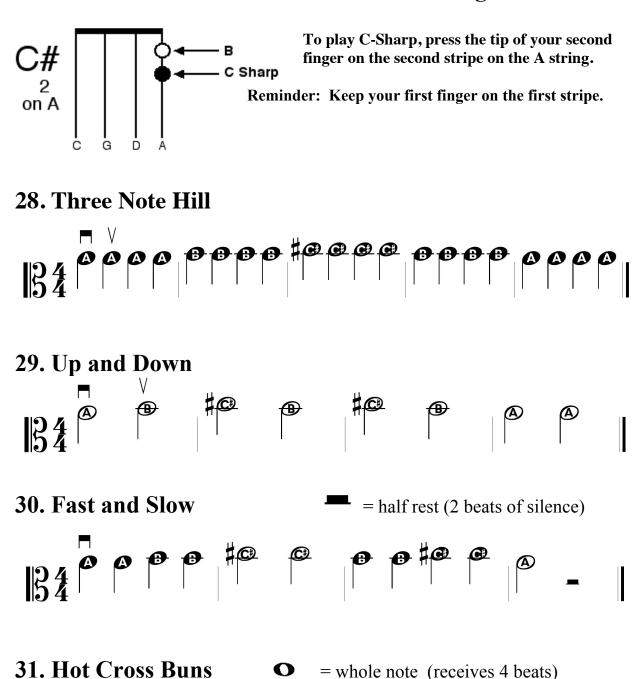
26. Back and Forth

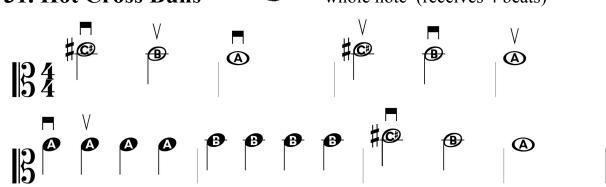


27. Two Note Jive



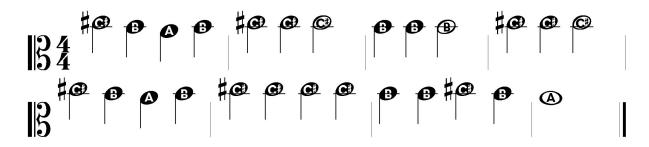
Lesson Six: C# on the A String





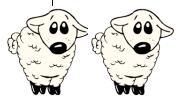


√ 32. Mary Had a Little Lamb

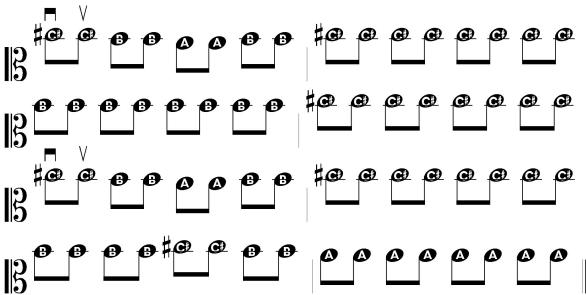


d = Eighth notes

Each eighth note receives 1/2 of a count Two eighth notes beamed together = 1 count



33. Mary Doubles



Eighth Note Rhythms

The rhythmic value of an **eighth notes** is one half of a beat. Eighth notes may be written with a **flag** or a **beam**. If an eighth note appears by itself, it will have a flag. If two or more eight notes appear in a row, they will often be **beamed** together.



Use a plus sign (+) when writing the count for eighth notes.



1. Clap the rhythm while counting out loud.



2. Write the count below the notes and then clap the rhythm while counting out loud.



Eighth Note Clap and Count

Write the count below the notes and rests.



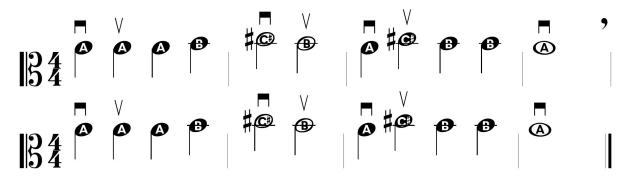
Clap the rhythms while counting out loud.



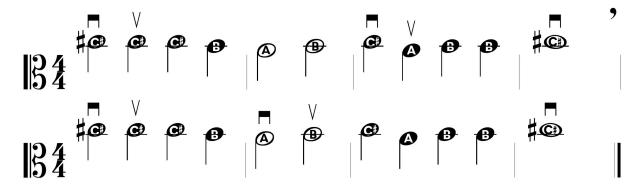
⁹ = Bow Lift

(lift the bow off the string and reset it at the frog)

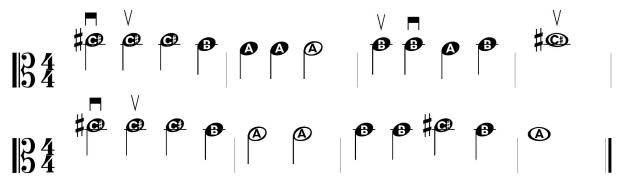
34. Claire de Lune



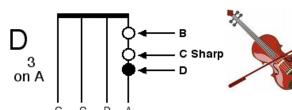
35. Lune de Claire



36. The Reapers



Lesson 7: New Note "High D"



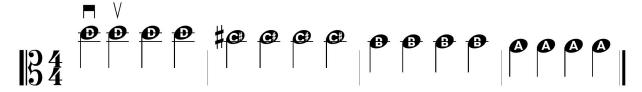
To play High D, press the tip of your third finger on the third stripe on the A String.

Reminder: Keep your first two fingers down on the first two stripes on the A String KEEP ALL FINGERS DOWN

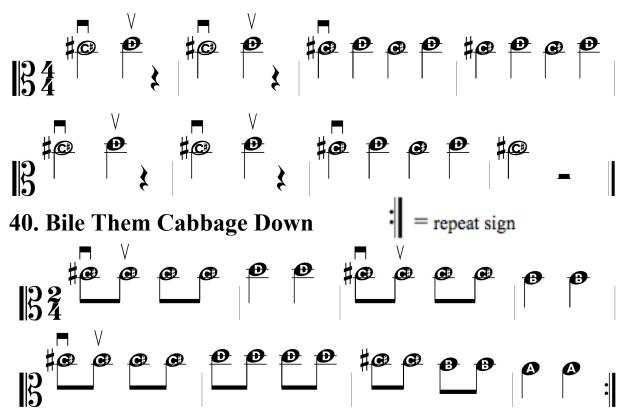
37. Going Up the A String



38. Going Down the A String



39. Shark Week



Go back to beginning and play again

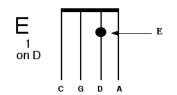
41. A String Note Review Match the note with the finger numbers

В	2 on A string
C#	3 on the A string
\mathbf{A}	1 on the A string
D	open A string

2. Place a number (1-5) in the blanks to p good bow grip in order.	ut the 5 steps to a
Thumb touches where frog meets the stick	
Wrap your fingers around the stick	
Check for bow hand circle	
Middle fingers curve over the bow stick	
Little finger (pinkie) sits on top of stick	

***Lessons 5, 6, and 7 have been using the notes on the A-String. All of Lessons 8 and 9 are on the D-String.

Lesson 8: New Note "E" on the D String

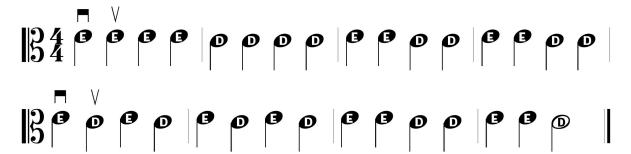


To play "E" on the D string, press the tip of your first finger down securely on the first stripe on the D string.

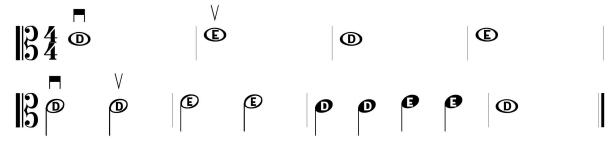
43. ED



44. First Finger Workout



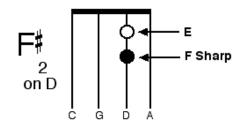
45. Accelerator



46. Two by Two



Lesson 9: F# on the D String



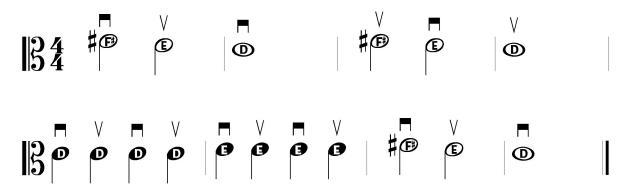
To play F-Sharp, press the tip of your second finger on the second stripe on the D string.

Reminder: Keep your first finger down on the first stripe.

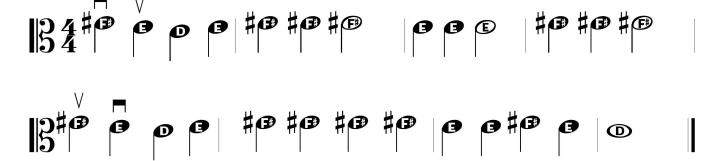
47. Up and Down



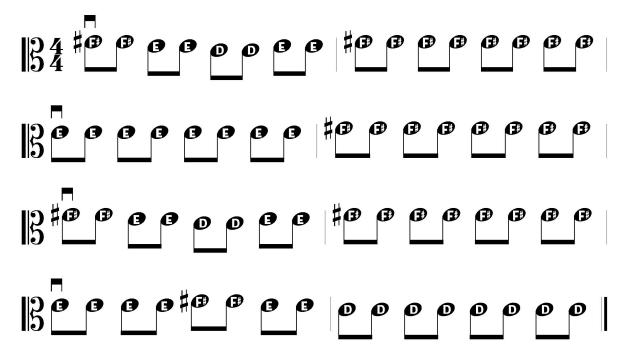
48. Hot Cross Buns on the D string

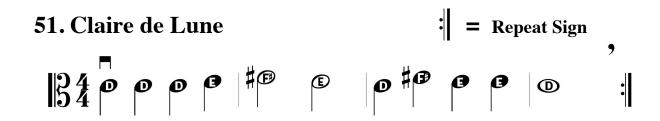


49. Mary Had a Little Lamb on the D String



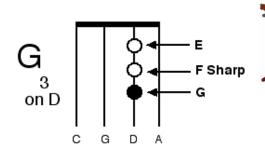
50. Mary Double on the D String





Go back to the beginning and play again

Lesson 10: G on the D String



To play G, press the tip of your third finger on the third stripe.

Reminder: Keep your first two fingers down on the first two stripes on the D String KEEP ALL FINGERS DOWN

52. Up the D string



53. Down the D String



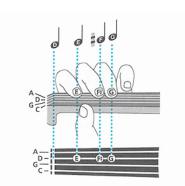
54. Skipping Along the D String

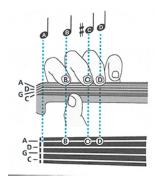


55. Jolly Fellows

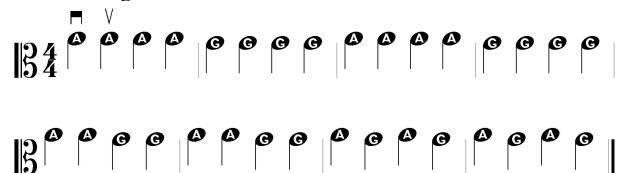


Lesson 11: Crossing Strings

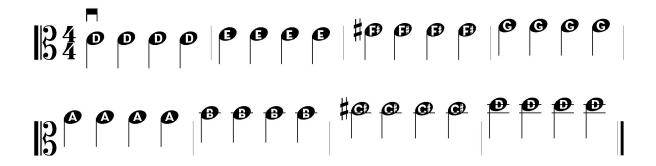




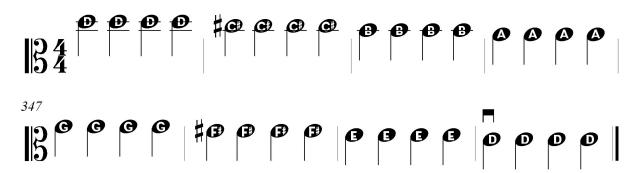
56. Crossing Over



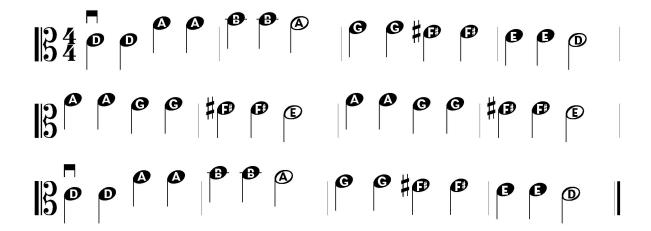
57. Ascending the D Scale

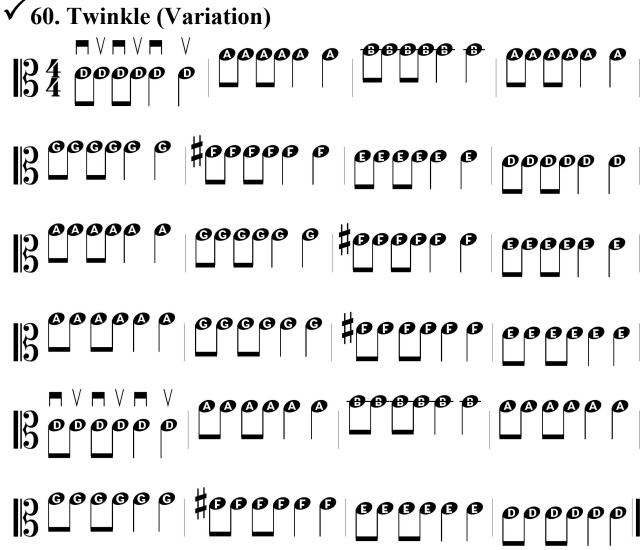


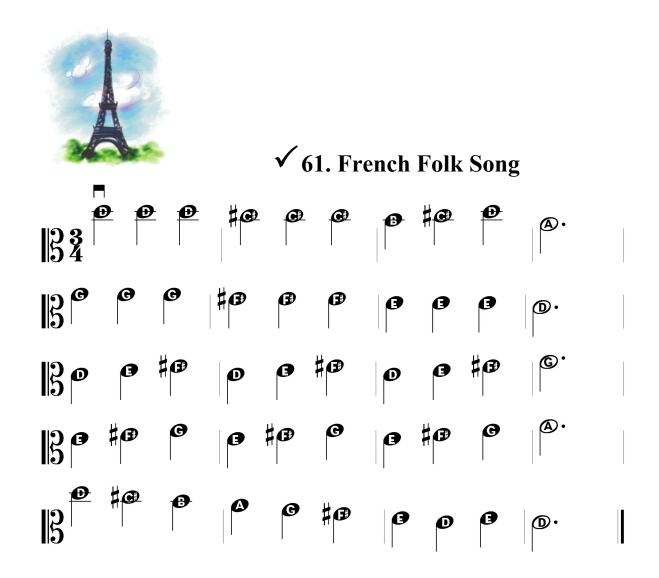
58. Descending



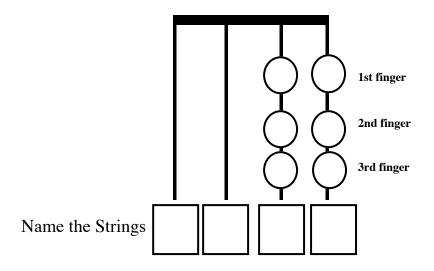
✓ 59. Twinkle Twinkle Little Star



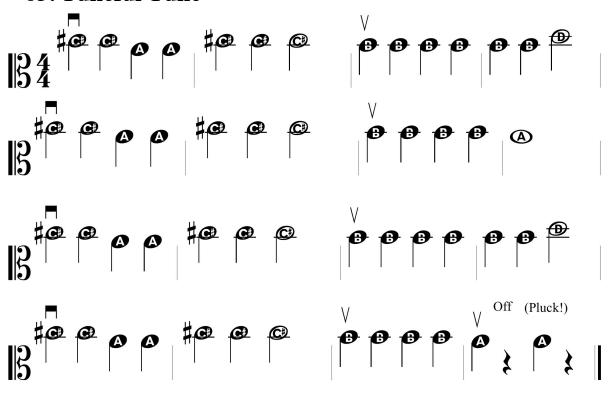




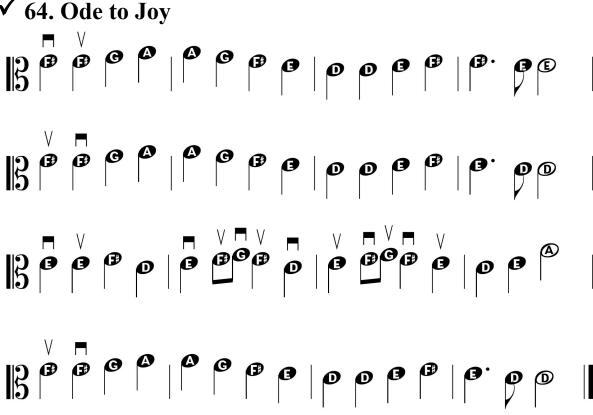
62. Note Review-Write the note names for all the notes you have learned so far



√63. Tuneful Tune

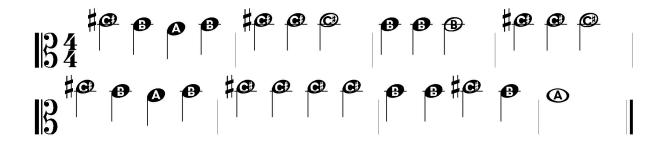


√ 64. Ode to Joy

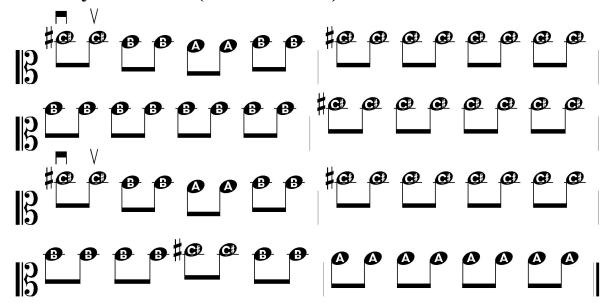


Honor 4th Grade String Songs

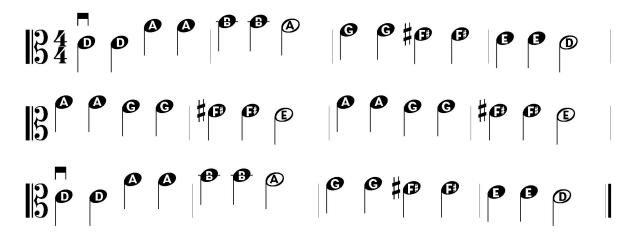
65. Mary on the A String



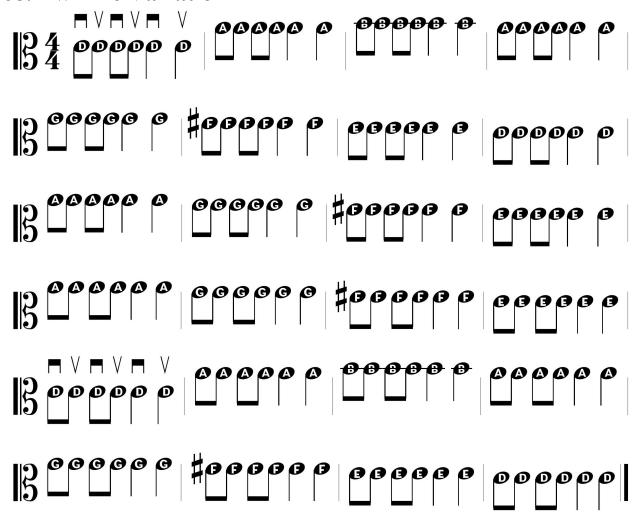
66. Mary Doubles- (1st Variation)



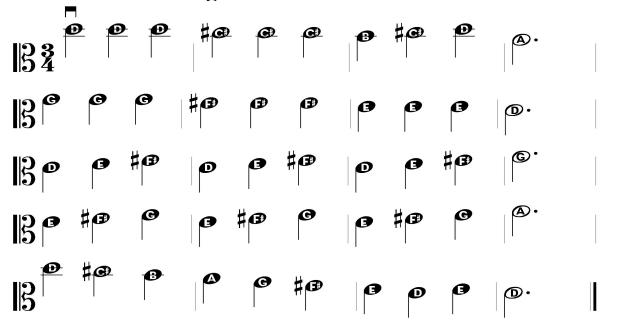
67. Twinkle Twinkle, Little Star



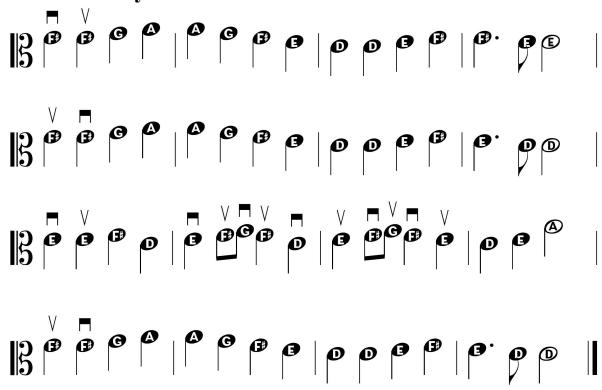
68. Twinkle Variation



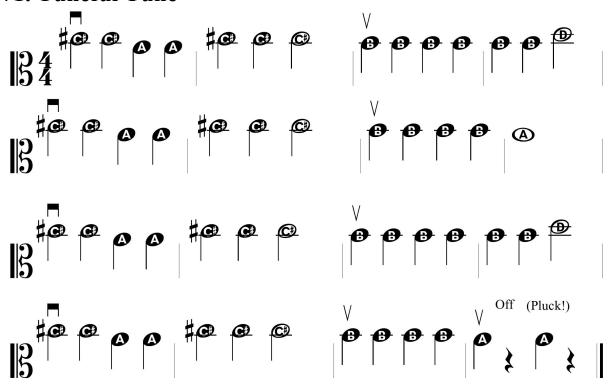
69. French Folk Song



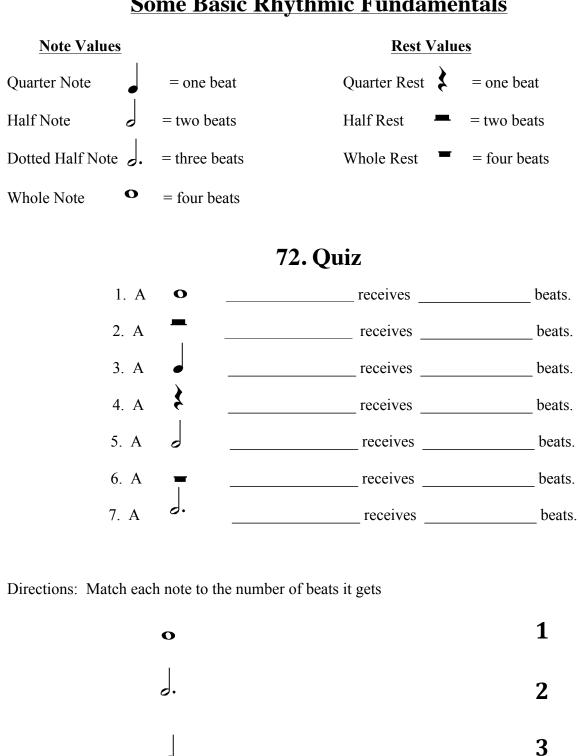
70. Ode to Joy



71. Tuneful Tune



Some Basic Rhythmic Fundamentals



String Instrument Word Search

N I F R F E L C E L B E R T A L O I V D D S W S S F N K A Y F R F V X D Y D O L E M Q I A G X Q H E T H F B B C G C L P I Z Z I C A T O P E S R T A L H Q Q E R H Y T H M E K E Y F F O R P E E P I R O F T J L E O W C U F I C B I L E G T X C B M P H X S N B R C T E M P O N Y N L D N O S C E O E Y D P E E U E I S O B R I D G E L I N V R I I W S Q N I R T O P B E S N T B E C U N L D O E T P L I E U R O G L N D A S N W F B E H T I Y O W H U E I F N I S W A E O T A Q I O H S T G J G R N O T R A T A L U O H L W S M E A S U R E R Y H C B L E N T Q T R N B V O N I O R E T O N F L A H S O E N I Y M U A P A D H B G D A R C O R V G C U B W R I H W K R B S M N W A N V I O L I N F R O G Q Q E F C E V E U E T S E R R E T R A U Q U P B O W P S U N D K C E N F E L C O T L A R D G J N E J N O T T U B D N E K																									
T H F B B C G C L P I Z Z I C A T O P E S R T A L H Q Q E R H Y T H M E K E Y F F O R P E E P I R O F T J L L E O W C U F I C B I L E G T X C B M P H X S N B R C T E M P O N Y N L D N O S C E O E Y D P E E U E I S O B R I D G E L I N V R I I W S Q N I R T O P B E S N T B E C U N L D O E T P L I E U R F O D E U O V A B R K O U K L O W N S L I G N O G L N D A S N W F B E H T I Y O W H U E I F N I S W A E O T A Q I O H S T G J G R N O T R A T A L U O H L W S M E A S U R E R Y H C B L E N T Q T R N B V O N I O R E T O N F L A H S O E N I Y M U A P A D H B G D A R C O R V G C U B W R I H W K R B S M N W A N V I O L I N F R O G Q Q E F C E V E U E T S E R R E T R A U Q U P B O W P S U N D K C E N	N	1	F	R	F	E	L	С	E	L	В	E	R	Т	Α	L	0	1	٧	D	D	S	W	S	S
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B	W	Α	Ε	0	Т	Α	Q	1	0	Н	S	J.	G	J	G	R	N	0	Т	R	Α	Т	Α	L	U
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TSERRETRAUQUPBOWPSUNDKCEN	Α	D	Н	В	G	D	Α	R	C	0	R	٧	G	C	U	В	W	R	1	Н	W	K	R	В	S
AND THE OF THE WAR WAS DO NOT BEEN AND ASSESSMENT OF THE PARTY OF THE WAR WAS DONE OF THE WAR WAS DONE OF THE WAR.	М	Ν	W	Α	N	٧	1	0	L	1	N	F	R	0	G	Q	Q	Е	F	C	Е	٧	Е	U	Е
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	F	E	L	C	0	T	L	A	R	D	G	J	N	E	J	N	0	T	T	U	В	D	N	E	K

alto clef bow lift down bow half rest quarter note sharp treble clef whole rest arco
bridge
end button
measure
quarter rest
shoulder pad
tuning pegs

barline cello fine tuners melody repeat sign sound holes up bow

bass clef chin rest fingerboard neck rhythm tailpiece viola bow double bar frog notes rosin tempo violin

bow grip down bar half note pizzicato scroll time signature whole note

Reading Music

Staff

A music staff has five lines and four spaces.

The alto clef is located at the beginning of every staff and tells us this music is for viola and other medium pitched instruments.

Time Signature

4

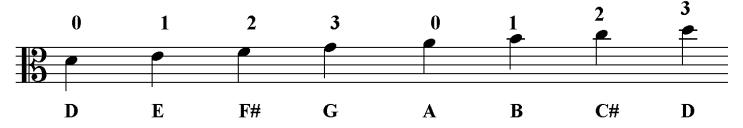
The top number tells us how many beats are in each measure. The bottom number tells us which kind of note receives one beat.

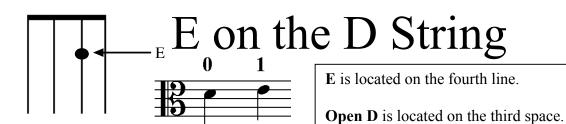
Rhythm Chart Whole note = 4 beats Half note = 2 beats Quarter note = 1 beat Eighth note = ½ beat

4 Steps to Success

- 1. Count and clap the rhythms.
- 2. Clap and sing the note names.
- 3. Sing note names and shadow bow.
- 4. Play.

Note Name and Fingering Reference Chart





D E





74. Flash-E First



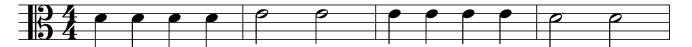
75. Mix Em Up



76. ED Takes a Stroll



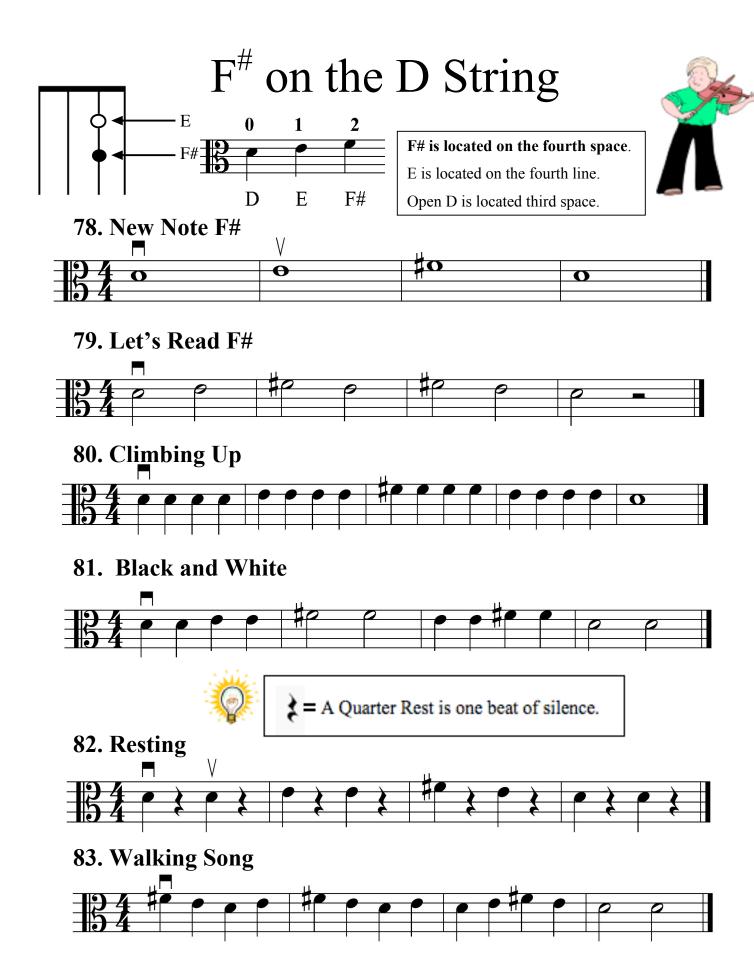
77. Diz-E-Dog





There are four counts in each measure. Write each count in the correct space. Start each measure with count one.





F# Tunes



9 Bow Lift

Lift bow off of the string and reset at the frog.





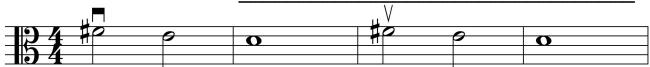
More F# Tunes

88. Write the note names on the lines below.











90. Name That Tune



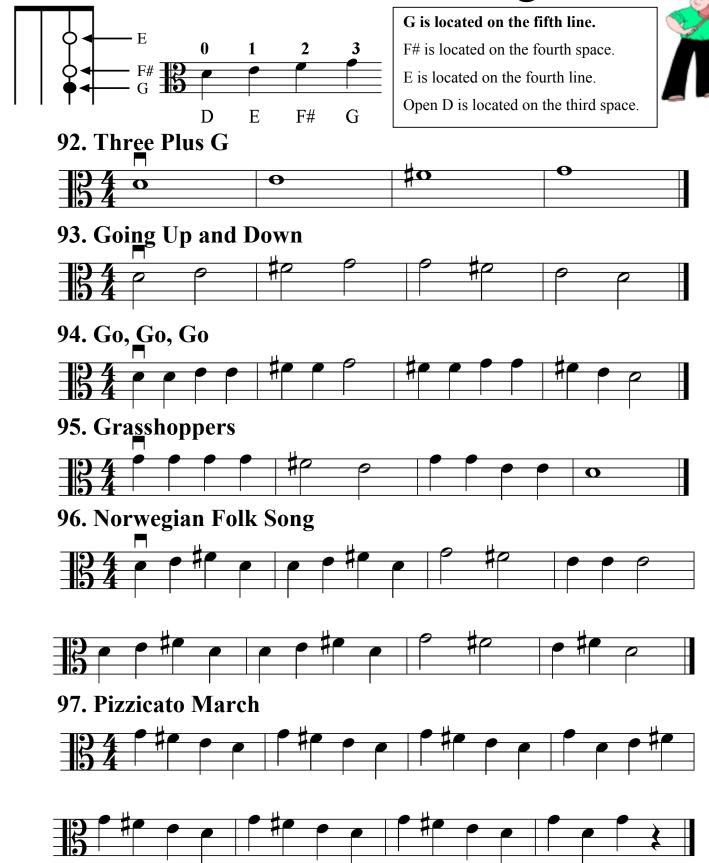


91. Peter's Hammer





G on the D String



G Tunes



KEY SIGNATURE



In this *key signature* you will play all F's as F[#]'s and all C's as C[#]'s. The *key signature* is always located at the beginning of each line. You will notice that there are no longer any sharps located in the songs.





102. Draw four E quarter notes 2. Draw four F# quarter notes 3. Draw two G half notes

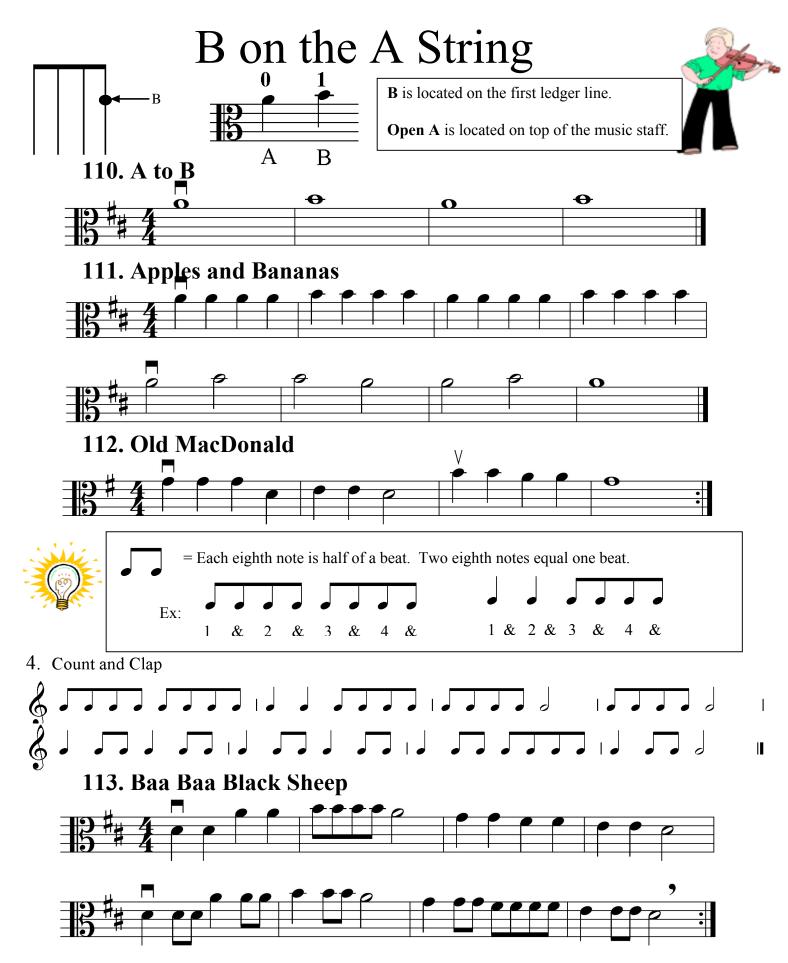


Crossing Strings: New Note A

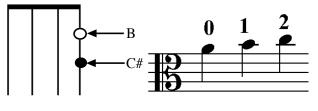








C# on the A String



C# is located on top of the first ledger line.B is located on the first ledger line.Open A is located on top of the music staff.



A B C#

114. My A-B-C-'s



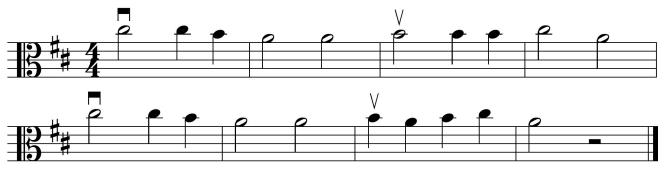
115. Apples, Bananas, and Cherries



116. Merry Go Round



117. Go Tell Aunt Rhodie

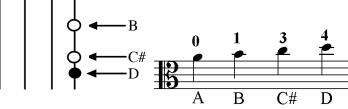


118. Name That Tune ______





D on the A String



D is located on the second ledger line.
C# is located above the first ledger line.
B is located on the first ledger line.

Open A is located on top of the music staff.

119. Reaching for High D



120. Donkey Song



121. Rockin' on the A String



122. D Major Scale and Arpeggio



D Tunes



A Repeat Sign tells you to repeat the music.



123. School March











125. Scotland's Burning



126. Camptown Races



127. Can Can



Hoedown

VIOLA



Honor Songs

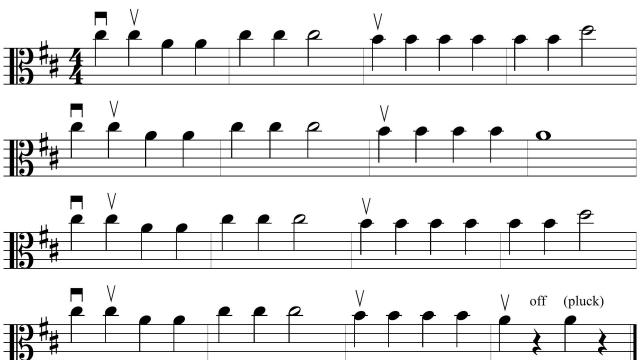
Mary Had a Little Lamb **Mary Doubles** Twinkle, Twinkle Little Star



Ode to Joy



Tuneful Tune



Glossary of Terms

Accidentals (#,\\dagger,\dagger): sharp, natural, and flat symbols for altering pitch.

Arco: to play using the bow.

Arpeggio: notes of a chord played separately.

Beat: the pulse of the music.

Bow lanes: point of contact of the bow, near the bridge or near the fingerboard.

Bow lift: lift the bow from the string and return to the frog in a circular motion.

Clef sign: located at the beginning of each line of music, the clef sign defines the letter names for the lines and spaces on the staff for your instrument.

Col legno: or more precisely col legno battuto (<u>Italian</u> for "hit with the wood"), is an instruction to strike the string with the stick of the bow

Down bow: moving bow toward tip; pull.

Duet: music in two parts.

Fermata: symbol indicating to hold a note longer.

Key signature: identifies notes that are raised or lowered.

Ledger lines: extend the staff with small lines written above or below.

Legato: play with smooth bow strokes.

Measure: the space between barlines.

Octave: a pitch that is eight notes higher or lower and both pitches have the same letter name.

Pizzicato (*pizz.*): pluck the string with the index finger of the right hand.

Repeat sign: go back and play a section of music again.

Scale: a set of eight notes in ascending or descending order that begins and ends on the same letter.

Spiccato: bowing technique for string instruments in which the bow bounces lightly upon the string.

Staccato: stopped bow stroke.

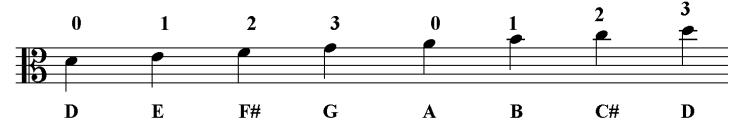
Staff: 5 lines and 4 spaces, used for writing music.

Time signature: indicates how many beats are in a measure (top number) and what kind of note gets one beat (bottom number).

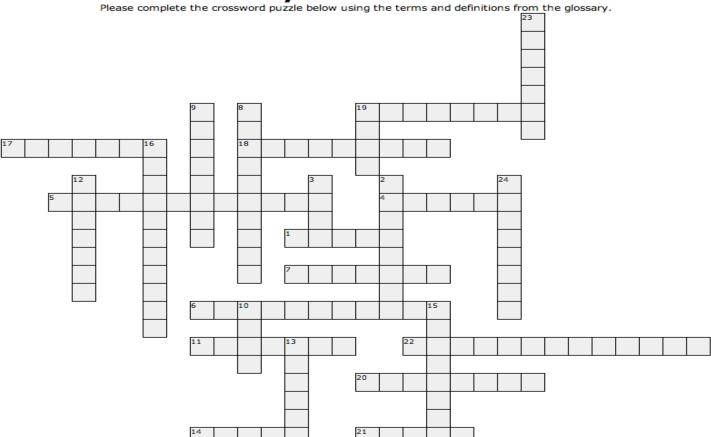
Tremolo: shake the bow back and forth rapidly as if trembling.

Up bow: moving bow toward frog; push.

Note Name and Fingering Reference Chart



Glossary Crossword Puzzle



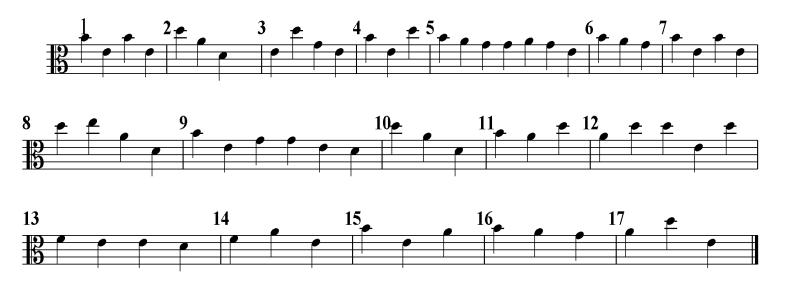
Across:

- 1. 5 lines and 4 spaces, used for writing music
- 4. play with smooth bow strokes
- identifies notes that are raised or lowered (2 words)
- 6. extend the staff with small lines written above or below (2 words)
- lift the bow from the string and return to the frog in a circular motion (2 words)
- 11. shake the bow back and forth rapidly as if trembling
- a set of eight notes in ascending or descending order that begins and ends on the same letter
- symbol indicating to hold a note longer
- 18. pluck the string with the index finger of the right hand
- 19. notes of a chord played separately
- 20. stopped bow stroke
- 21. moving the bow toward frog; push (2 words)
- 22. indicates how many beats are in a measure (top number) an what kind of note receives one beat (bottom number) (2 words)

Down:

- 2. located at the beginning of each line of music, this symbol defines the letter names for the lines and spaces on the staff for your instrument (2 words)
- 3. the pulse of the music
- 8. go back and play a section of music again (2 words)
- points of contact of the bow, near the bridge or near the fingerboard (2 words)
- 10. music in two parts
- 12. the space between barlines
- 13. a pitch that is eight notes higher or lower and both pitches have the same letter name
- 15. bowing technique for string instruments in which the bow bounces lightly upon the string.
- 16. sharp, natural, and flat symbols for altering pitch
- 19. to play using the bow
- 23. moving bow toward tip; pull (2 words)
- 24. an instruction to strike the string with the stick of the bow (2 words)

Complete the Story



Each group of notes spells a word. Use the words to fill in the blanks in the following story. The number "1" group spells the word for the number "2" group spells the word for the number "2" blank, and so on.

	(1) and her	mom and	_(2) were moving	j into a new ho	ome at the
	(3) of towr	n. It was their last n	iight in the old h	nouse. Everyt	hing was
moved ou	ıt except a	(4), some		(5), and a sl	eeping
	(6)	(7) said, "It sure	is(8) around her	e."
She	(9) to hav	ve a party that last n	ight, but	(10) sa	iid it was a
	(11) time to	o have friends over,	and, too it was l	ate. Mom	(12)
that there was no way she could(13) anyone, so a party was out. Just					
then the	door flew open.	There were Ruthie,	(14	4) and	(15)
standing in the doorway, yelling "Surprise!" Each carried a(16) filled with					
goodies.	They also broug	ht paper plates and c	cups. There was	even a jug of	lemon
	(17). What	started out as a dull	evening turned	out to be a fu	ın time for all.

